

Session Evaluation

AFCC 44th Annual Conference
*Children of Separation and Divorce:
The Politics of Policy, Practice and Parenting*
May 30 – June 2, 2007
Washington, D.C.



Workshop 58: *There's No Such Thing as Difficult People*

How well did the session meet the following objectives:

- 1. Examine how to use the tool of *reinterpretation* to stop being a victim to other people's behavior and to gain a sense of humor and control 4.68
- 2. Explore the role of *emotional flooding* and two easy steps to turn the tide..... 4.72
- 3. Identify five practical strategies to neutralize negativity and choose beneficial reactions..... 4.72

Please rate each presenter's knowledge, expertise and teaching ability:

- 1. Dana Lightman, Ph.D..... 4.84

The handouts provided in this session will be useful..... 4.76

This session expanded my knowledge on the topic 4.66

Comments:

Ratings are based on a scale of 1-5 with "5" being "excellent."

Please see reverse side for comments.

Workshop 58 Comments

- Terrific presentation. Thank you.
 - Excellent. Was worried about --- presenter, but Dana did a great job.
 - Fabulous- so well done! Wonderful sense of humor too. Heart felt as well- great job!
 - Very good information- useful in all respects and many contexts in life. Great way to end a conference.
 - Include her book in bookstore next year.
 - I saw a program that attempted to cover this same material, but it had been dumbed down so much that it was offensive. This treatment of the subject is great. I know it is hard to meet the level of your listeners. You did a great job. Thanks for not stupidifying the subject.
 - Great presenter for conferences.
 - Well done! Personally very helpful! One of the best workshops!
 - Very engaging speaker.
 - Great program to end the conference. Helpful, practical, interesting, a great teacher.
- Thanks
- Informative and engaging. Well done!
 - She was great, wish it could have been longer!
 - Very well presented. Wanted more!
 - Great way to end the conference and head home with applicable new stuff.
 - Very interesting.
 - Spend more time on strategies for coping rather than identification of ----.
 - The instructor was very clear. Asked too often for questions. Questions can really take the session away, although they didn't.

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There's No Such Thing as Difficult People
Presented by Dana Lightman, Ph.D.